

Patient & Professional

CAREGIVING

for Patients with

ALZHEIMER'S & DEMENTIA



When caring for someone with Alzheimer's or Dementia, each day is unique, just as each individual is unique.

Our Home Care Aides have been providing specialized care to memory care patients since 2009. We know that there is no one-size-fits-all action plan for Aides. However, preparation and planning enable us to help your loved one live a more confident, safer lifestyle.

Thorough and Up-to-date Training

With more than 150 hours of documented, state-accredited training, each of our Home Care Aides is proficient in providing the highest standards of care for individuals living with Alzheimer's or Dementia. In addition, our Aides receive additional memory care training on an annual basis to stay up-to-date on the latest research and care practices.

In-Home Safety

Every day situations may put individuals living with Alzheimer's in a state of anxiety, stress, or confusion. Presidio Aides keep the home environment free of hazards, oversee medication storage, and make additions around the kitchen and bathroom to keep your loved ones safe.



OUR APPROACH

Recognize Alzheimer's or Dementia



Quality time with your loved one allows our Aides to get to know him or her. Our Aides are careful to recognize changes in an individual's ability to complete familiar tasks, problem-solve, understand visual images, and familiar with other signs of Alzheimer's and Dementia.

Form a Routine



Forming routines around things we do every day, such as dressing, eating, exercising, and bathing can give structure to your loved one's daily life. By helping to establish routines, our Aides help your loved one continue to be able to do things on his or her own and retain independence.

Promote Compassionate Communication



Individuals living with Alzheimer's may struggle to find words, lose their train of thought, and become frustrated with communicating. Our Aides understand the importance of encouraging communication and are patient and attentive.

Eat a Healthy Diet



Your loved one may forget to eat or become overwhelmed by food preparation, and subsequently experience weight loss. Eating balanced, healthy meals can help ease symptoms and boost mood. Our Aides can shop for and prepare nutritious foods that he or she likes to help with maintaining a healthy weight.

